



How to check health information online?

Health Literacy Toolkit of Resources

How do I check if it is trustworthy?



What I do when i find health information online?

1. Check author and domain

Is it a private person or an organization? (web address often ends in the domain .or.at, .org) Is it an authority? (gv.at, .gov)

A university or an authority will publish only reviewed and scientifically approved information.

2. Is there any advertising on the page?

Is this clearly recognizable and separated from the news?

How a website is financed can provide information about the credibility.

LEARN MORE!



3. Check the date of the publication

Some false stories aren't completely fake, but rather taken out of context.

Medical articles that are outdated or already proven wrong are often portrayed as relevant medical information.



Look for the truth

Be attentive to the health information posted online. Make sure you check the source and double-check it from other sources.

Always check for health information on the public health websites and look for scientifically proven, official information.



Check more information below!

Public Health Portal Austria World Health Organization Portal

European Centre for Disease Prevention and Control

RightChallenge



More info

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